

May 27, 2018 Mt. 28: 16-20 & Dt. 4: 32: 34, 39-40

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Link to [Beck](#) (paywall) other [Beck](#)

Stone, Naomi. [A Day of Freedom](#)

Rolheiser, Fr. Ron. [The Richness of the Mystery of God](#)

[Monastery Sunday Homilies](#)

[TRINITARIAN SPIRITUALITY](#)



ENTERING THE SCENE:

Richard Rohr invites us to recall a time when you experienced an ease of being and doing, where you felt focused and energized and full of joy, where you were wholly present and yet more than yourself. Psychologists call this “flow.” Perhaps these moments come while writing poetry, dancing, playing an instrument, painting, or non-artistic tasks such as washing dishes or solving a mathematical equation. Experiencing flow is like participating in the divine dance of Trinity—a relationship of continuous giving and receiving between you and the task. Seek out these times when you are actively one with the energy flowing through you. Listen within for hints of what may be your soul’s calling and vocation, your unique way of participating in the life of the world. Fr. Beck’s illustration moves us from the creation account, to the Jesus event and on to the Spirit’s arrival.

Mt. 28: 16-20

16 Then the **eleven** disciples went away into **Galilee**, into a **mountain** where Jesus had **directed** them. 17 And when they saw him, they **worshipped** him: but some **doubted**. 18 And Jesus came and spoke to them, saying, All **power** is given unto me in **heaven** and in **earth**. 19 Go you therefore, and **teach** all **nations**, **baptizing** them in the name of the **Father**, and of the **Son**, and of the **Holy Spirit**: 20 **teaching** them to **observe** all things whatsoever I have **commanded** you: and, I am **with** you always, even unto the **end** of the **world**. Amen.

DISCUSSION QUESTION: What has helped you to understand the Trinity best?

PRAYER: Blessed Trinity, ground of all that is, I sense your presence in my life in those moments when everything seems to come together and make sense, even though I would be hard pressed to give a rational explanation for believing in such a reality. This seems to be the way you created all that is, including me. Something responds to this truth instinctively as the most real of any real. Help me as I trust this ability to respond to your activity in my life. Amen.